

ANNUAL REPORT 2020

Astha Kiran Shaikshik
Evam Samajik Vikas
Sansthan, Lucknow,
India.



Education is the
Birth Right of
Every Child..



LETTER FROM SECRETARY

I really feel glad as I write this to you all, it has been 16 years of establishment of Astha Kiran. I want to thank and congratulate my family of Astha Kiran who have laid the milestones of the Foundation and contributed their part in gratifying the objectives of the foundation.

The journey started with teaching the underprivileged children on the road side of Charbagh Railway Station, Lucknow and went on to establishing various centers at Lucknow, U.P. But my motives remained that is to be able to provide sustained education for all.

I believe if our vision is clear and we are faithful in our work, we can overcome any challenge, and for Astha Kiran, I can say my team has been an immense support.

Since the children have no prior experience any educational activities, it is difficult to bring them into one and hence we started by conducting sports and other activities to also help them in generate an interest in group activities, this has really helped us.

To enhance the interest and empathy of guardians towards children and their education, our team of Teachers and co-facilitators have led numerous community meetings, school management meetings and have significantly brought behavior change communication in parents where they have started taking keen interest in their children's education.

Students from Astha Kiran are now living a decent life & some are also pursuing higher studies from reputed colleges.



Nai Roshni, started in 2014 is yet another milestone we were able to establish for girl's education. With time it was realized that it is necessary to bring in the education of girls in the main stream and equal opportunities are given to them.

Not only with the vision that they will teach their generations but a birth right that is given to all children irrespective of the caste, class, religion or background they belong.

This year again, we take a step forward toward mainstreaming education for all, giving the children a right direction and path to follow and understand the way of living through that.

I wish that with support of each one we are able to reinforce more girls into education.

Thank you.

-Sonia Singh



ABOUT US

Founded by Sonia Singh in 2004, Astha Kiran has a comprehensive development approach to educate and empower girls. The Foundation is based in Lucknow District of U.P. and has been relentlessly working towards the welfare of underprivileged children. Over the years, Astha Kiran has evolved with different initiatives on girls education and has been dedicated itself in building their capacities.

So far, Astha Kiran has supported 6000 children directly by connecting them to free and sustained education under “Shiksha Jyoti” and “Support a child” programme while the indirectly it has supported children in the field of Education, Sports, Arts and Crafts, Health, Sports & Drama Society. Looking at the needs of the society, we have also expanded our curriculum to not only K-8 but to Life Skill education, Sexual and Reproductive health and Rights and most importantly a journey from self to society.

OUR OBJECTIVES

We understand the importance & effectiveness of education for girl children hence we do whatever it takes to ensure that every child has a chance to grow up healthy, educated and Safe - And can choose the best for her.

- To develop and implement initiatives for holistic development for under privileged girls where they are able to pursue education and and also learn life skills.
- To escalate accessibility & acceptability over girls education for their parents/ guardians and provide the girls with resources.
- To create a safer environment for girls to experience the positive nurturing of their dream and Aspirations, thus bringing out their best potentials





OUR VISION

Building a safe & secure space in which every child attains the right to education, protection, holistic development and lives a dignified life.

OUR MISSION

To reach out to the vulnerable and neglected children from the slums and the children from the poor and marginalized families and enable them to become self-reliant, responsible and contributing citizens by providing them suitable formal and vocational education.

OUR GOALS

- Providing sustained education to all students of our centers at free of cost.
- To be able to establish formal schools for underprivileged children where they can develop self confidence.
- Motivate children to learn vocational skills that will ensure a dignified employment & help them to earn their livelihood.
- Our long term goal is to also able to establish a home for homeless children & provide them residential education.

STRATEGIES AND APPROACHES

UPDATED PEDAGOGY

Our teachers nurture the students to become autonomous, engaged and successful learners, striving to maximise their potential. At Astha Kiran we generate “teacher-learner” relationship, with active mix of traditional and innovative methods, combination of an activity approach with an energy-informational environment approach, cognition with constructivism and connectivism.

TEACHING LIFE SKILLS

Our team focuses on bringing in life skill education thus polishing their confidence & decision making skills. With Sports, Art & Drama we capacitate them with extra skills. With that our students reach their learning goals and pursue excellence more vigorously through greater engagement.

LIGHTING UP LITERACY

Our focus is also upon bringing animation and graphics in curriculum thus enhancing their cognitive skills so that students can read and write with more confidence, sophistication and skill. We ensure emphasis on all languages and make the students focus on quality work. .



sseshra

Happy Dussehra

Happy Dussehra



Active Street Mail Routes

HIGHLIGHTS

2019-2020

BY NUMBERS

- 39 new students were enrolled in Nai Roshni and are continuing with main stream education.
- 16 students were enrolled in higher education and got scholarships for same.
- To ensure the sustained electricity plants connection, 1 solar panel was set up in school.
- 150 students got a chance to visit Amusement park in Kanpur.
- 194 girls got scholarship at Nai Roshni School.
- With Support of CAN & other sponsors, we distributed red winter Jackets and Bicycle to 204 students
- 35 students participated in the sports championship held by Amar Ujala & won the tournament.

RE-IMAGINING EDUCATION

- Sonia Singh conducted a workshop on Good touch bad touch for children to understand and recognize Child Sexual Abuse.
- We conducted Teachers training for capacity building and appointed experienced teachers for enhanced learning experience.
- For motivation, we co-designed the playgrounds for pre- primary sections.
- Smart classes were set-up by SMILE Foundation for enhanced learning process.
- Successful Parent-Teacher-Student meetings thus ensuring the resolutions of family conflicts and supporting child's psychosocial growth.



In-Sights

MY BODY MY RIGHTS!

To generate more awareness on good touch bad touch, types of violence, its identification and actions, the team members take regular sessions with children and parents.

FESTIVAL TIME!

Astha Kiran celebrates every festival with community and school children, ensuring equal participation and encouragement. On environment day, trees were planted to promote greener planet, and environment friendly activities.

MENTRUATION TALKS!

Apart from regularly supplying Sanitary Napkins to the menstruating members, Sonia Singh personally took sessions on same to generate more awareness around it and ensure good health.

FUN WITH LEARN!

Several all year round activities were conducted with children like Film screening, Lunches at fancy restaurants, visits to Amusement parts and Videography workshops.

HIT THE GOAL!

All year round the children at Astha Kiran are engaged in various sports activities where they also engage in leadership roles.



Nai Roshni Sanitary Pads

SUPPORTED 4000
ADOLESCENT GIRLS
WITH FREE
SANITARY NAPKINS!

CLEANSING IN MENSTRUATION..... SPEND HAPPY LIFE!!!!

ABOUT THE INITIATIVE!

This section is dedicated to menstrual health and hygiene, with manufacture of low cost sanitary napkins, the organization has ensured to keep the high quality of materials & its reach to the most vulnerable communities.



MENSTRUAL HYGIENE

PERIOD PAATHSHALA!

Apart from the free distributions of the sanitary napkins, each week the sessions are taken on the Menstrual hygiene management which is personally monitored and facilitated by Sonia Singh.

The girls are also taught on how to manage their nutrition & practice a healthy life.

In some sessions the women are also engaged to understand the stereotypes and myths related to it and efforts are made to address them and discourage any practice which is discriminatory.



"It is just not the education I wanted to focus on, most of the times girls stop coming to school when their menstruation starts. Reasons were mainly non availability of sanitary napkins, in-access to changing rooms, and the discomfort they faced over all.

I could not let such a reason cause the girls to leave their education or give up anything in life.

We came up with this idea of making low cost sanitary napkins and have been providing it to the girls free of cost. It gives me happiness to be able to support the girls in every way possible."

- Sonia Singh



REPORT CARD

SCHOOL ENROLLMENT PROFILE

GIRL STUDENTS	2018	2019	2020
ENROLLED STUDENTS	175	204	220

POST SCHOOL DESTINATIONS

PROPORTION OF STUDENTS MOVING INTO HIGHER EDUCATION

2019 -20

12TH CLASS	14
10TH CLASS	5
GRADUATIONS	4

WORKFORCE INFORMATION

POSITIONS FULL TIME EQUIVALENTS

PRINCIPAL	1
TEACHERS	9
SUPPORTING STAFF	2
ADMIN STAFF	4
BUS DRIVER	1
HELPERS	2



For me, Astha Kiran is my home. Currently I am volunteering here under administrative dept. and completed my 12th. For a girl like me it is a fortune to be associated with Nai Roshni.

My father is a rickshaw puller & I was 3 years when Sonia Didi came and started supporting me in education. She not only focused on my learning but also developing a sense of good human being. She always inspired me to be limitless, and here I am.

I remember when I was going to join another school for 10th and my Spoken English was better than those who go to convent school. It was only possible because of the atmosphere and encouragement I got to learn things.

Now, when I see girl's enrolling for main stream education in Nai Roshni I feel proud to be a part of Astha Kiran. It gives me HOPE.

- Zainab



WALL

Of FAME 19-20

Ram Devi, 18 yrs
12th

Ram devi cleared her board examinations with First Division & wants to become a police officer. She was very young when her father passed away, since then her mother took care of the whole family by working as labor on field. She joined Astha Kiran Nai Roshni in 2016 and this year she completed her 12th and is now preparing for higher education.

Priyanshi, 16 yrs
10th

She scored 80% in her 10th board examination. She belongs to under privileged community and before joining Astha Kiran Nai Roshni, she never attended a formal school.

She is very active in sports and wanted to pursue good education from a Govt. college.

Heena Bano, 19 yrs
12th

Heena Bano, scored 57.8% even in the most difficult situations at home.

Her father is an alc. and her mother worked in houses to make ends meet.

Astha Kiran helped her by establishing education in her life in 2013, and sponsored it till this time.

She just wants to become a good human being.

Zainab, 19 yrs

12th

Zainab cleared her exams with First Division, also getting a distinction in English. For her, Astha Kiran was only ray of hope when her parents had no money for spending on Studies.

She volunteers at the center and teachers many other girls. She is also an inspiration for the school as she not only focused on studies but also was engaged with organization for her capacity building and exposures.



KARUNA in CORONA

“Defeating CORONA with KARUNA”, our campaign under “Astha Kiran” aimed at providing direct support of ration and other essential kits to daily wage workers and other marginalized communities. With the lockdown, the lesser privileged communities are in the acute exposure to hunger and with lesser awareness on Govt. schemes, it is only making it worse.

At Astha Kiran, with support of the generous donors & the philanthropists like **C.A.N.** we were able to reach out to 830 families with ration kit, 1500 refreshment packets were served to the migrants travelling via Lucknow.

FINANCIAL SUMMARY

INDIAN DONATIONS RECEIVED	254002.00 INR
FOREIGN DONATIONS RECEIVED	567514.20 INR
TOTAL RECEIVED	821516.20 INR
TOTAL AMOUNT SPENT IN COVID-19 RELIEF WORK	813000.00 INR



OUR CORONA WARRIORS



Zainab



Faizan



Wasiq



Hina



Abha

Consolidated Income & Expenditure

For the year ended 31.03.20*

<u>Liabilities</u>	FCRA Projects	Non- FCRA Projects	Total
A Capital Fund			
A1. Opening Balance	22,84,346.42	22,00,390.11	44,85,336.53
A2. Add- Excess of Income over Expenditure	5,91,259.93	1,63,244.40	7,54,504.33
B Corpus Fund			
B1. Opening Balance	9,30,000.00	--	9,30,000.00
C Current Liabilities & Provisions			
C1. Sundry Creditors (Dayal Book Depot)	32,993.00	--	32,993.00
C2. Advances Received from FCRA Account	--	4,10,000.00	4,10,000.00
Unsecured loan	--	15,20,500.00	15,20,500.00
Total	38,39,199.36	42,94,134.51	81,33,333.87

<u>Assets</u>	FCRA Projects	Non- FCRA Projects	Total
A Fixed Assets			
A1. Gross Block	19,97,419.46	29,20,300.13	29,20,300.13
A2. Less: Depreciation up to date	2,93,418.48	80,427.00	80,427.00
A3. Net Block(As per Annexure)	17,04,000.99	28,39,873.13	28,39,873.13
B Current Assets Loans & Adv.			
B1. Cash in Hand	1,109.00	3,890.51	4,999.51
B2. Balance with Bank	6,17,992.37	2,40,242.88	8,58,235.25
Tax Deduction at Source			
2017-18	5,170.00	2,280.00	7,450.00
2018-19	6,045.00	--	6,045.00
2019-20	6,404.00	6,320.00	12,724.00
B3. Advances to KTL Automobile Pvt. Ltd.	--	2,00,000.00	2,00,000.00
Advance to Non FCRA	4,10,000.00	--	4,10,000.00
C Investment			
C1. Fixed Deposit Receipts	9,30,000.00	9,15,000.00	18,45,000.00
C2. Accrued Interest	1,58,478.00	86,528.00	2,45,006.00
Total	38,39,199.36	42,94,134.51	81,33,333.86

*in INR

DONORS

KARYA KARES

CONSCIOUS ACTION NETWORK

SMILE FOUNDATION

YOUR CAUSE

Reach-out to us!

<http://www.asthakiran.org/>



<https://www.facebook.com/www.asthakiran.org/>



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Three year back I could not have imagined myself going to a regular school in the city and pursuing my education. Also, being able to speak confidently in front of people, Astha Kiran is truly a ray of hope. It is here, I realized what I want to become- Doctor and I will work really hard to become one.

-Anshika Singh 7th Grade

